

Country Club Manor

November, 2012 Newsletter

Edited by Lee Bakewell

SAY "HELLO" TO YOUR NEW NEIGHBORS!



Hello All! I am Mary Fitzgerald (#317) and prior to moving to CCM I lived in Burnsville, MN for 39 yrs. I spent the last year with my mother in River Falls, WI. I have two sons: Sean who lives in Conifer, CO. and is a "stay at home dad" raising his 3 beautiful daughters. Justin lives in West St. Paul, MN and is a fireman with the Mendota Heights Fire Dept. He is also an EMT at Health East. Justin has 1 son. I have been "published," writing reviews of music LP's /CD's at the most active times in Minnesota music history during the late 1980's and 1990's. I was a co-host in the very first cable Variety Show called "It's Always Something" which was filmed live in a local studio in Eagan. I attended "Film in the Cities" and love watching old black and white Alfred Hitchcock movies from as early as 1926-1962. I own the 20 legend series of his Movie Classics. I am also an avid collector of Mary Higgins Clark. I am currently entertaining an idea for a children's book and hope to be inspired to begin while living here at CCM. I look forward to meeting many new friends.

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Sister Janine (left) is an RN and Holistic Massage Therapist at the Center for a Balanced Life in West St. Paul where she has worked and managed for over 25 yrs! Sister Janine continues to train and learn new techniques with the goal of helping people feel better. Quote-“I really enjoy my work and I have many wonderful memories of those I have helped”. “I would like to express my appreciation for the importance placed on the security of the building and for the Staff and Residents who are so friendly and welcoming.”

Sister Lucy (right) is a native of Wisconsin and an active member of the Sister of St. Joseph Third Order of St. Francis. She attended St. Catherine's College for Holistic Therapy and continues her education at the U of M, Center for Spirituality and Healing. Her work as a Spiritual Guide and healing touch through massage has evolved over the past 20 years which has transformed her mission, “To promote growth and healing by reducing stress in the body in order to access peace and inner wisdom to gain new possibilities of moving toward wholeness.” She currently practices at Simply Grounded Therapeutic Massage in West St. Paul. She also enjoys gardening, nature, and outdoor hiking, and is going to try snowshoeing this winter. Her latest adventure is organizing story telling circles. Editor's Note: Maybe we can get her to organize a story telling session for the residents of CCM!



MESSAGE FROM MARGIE

Happy November to everyone!

Fall is my absolute favorite time of year and I hope you are all enjoying the squirrels as they prepare for winter. They have been quite busy stealing pumpkin seeds from the decorations at the 55 entrance! I was very excited to see my first snowflakes in over 6 years last week. I am sure I will regret those sentiments as winter settles in!

I am very excited about the Craft Show/Sale this month and I hope you all have time to stop by and see firsthand the creativity by some of our talented Residents!

For the next few months we are going to try something new for movie night. Once a month we will have a feature film that I will host. I will provide popcorn and beverage. This month we will be viewing Nicholas Nickleby an adaptation of a Charles Dickens classic. I would love to see you there on Friday the 16th.

have scheduled an informative talk entitled “The Joys of Listening and Hearing” on Thursday, November 15th at 10am in the Club Room. We hope you can join us.

I hope we have good weather for all those of you who have to travel over the holiday weekend. The office will be closed on Thanksgiving Day and open on Friday. I will be gone for a few days the end of November. Mary will be in the office so stop by and say “Hello.” She loves to visit with all of you! I also want to say thank you to everyone for their patience while we did inspections.

Until next time, *Margie*

MEMO FROM MAINTENANCE:

- *Please do not throw trash in the recycle bins. This includes coffee grounds and food scraps.
- *If you open windows please be mindful to turn heat off first.
- *Always let us know right away if you have a leaky faucet or toilet that runs.

A MESSAGE FROM MARY



Happy Thanksgiving Everyone: I hope you all have a Blessed Day and get to enjoy getting together with your family members!

Thanks everyone for your co-operation during unit inspections and the City inspection of the west half of the 45 building. Inspections went very well and we passed with flying colors. Thanks for reporting problems before they become major problems. In the spring we will change out the AC filters, so it will take a little longer, but at least we will not have to have the City inspection done at that time. Thanks to Derek and Margie for their help in making it go so fast and smoothly.

I trust you all had a nice time at the Halloween party. I will try to come down and enjoy the fun for a little while. I hope many of you were able to see some of the ghosts and goblins that we call grandchildren. Please keep in mind that Halloween is the eve of All Saints Day and we should pray to all our Saints in Heaven that have gone before us. I hope you join me in praying for this great Country and the election coming up next week.

I would like to remind everyone, that the doors on either side of the Club Room are armed on the Security System. Even though the alarm is NOT audible, the alarm does go off every time some one goes out either of the doors. Lately, it's been going off between 3 and 4:30 AM. I'm sure someone is inadvertently going out that door not realizing there is a silent alarm hooked up to it. Since the alarm wakes us me, Lee, or Margie up (depending), we may need to change it to “audible” so the person realizes how it works (and, unfortunately, everyone else). In short, please use the main entrances for ingress and egress. Thanks for your co operation.

Remember to watch for the sign up sheet for the Christmas Party that will be put up on the 19th of this month. We have to have a final count to the caterer on Thursday, December 6th. I look forward to seeing all of you there on Tuesday, December 11th. I regret that we can not allow family members to attend because we just do not have the room. You may bring an alcoholic beverage with to enjoy for the social hour. After dinner we will be entertained by a surprise combo!

Until next month enjoy and God Bless you and your family!

Mary

NOTES FROM OUR "SOCIAL DIRECTORS"



Hello all! Here we are in November already. Kevin & I wish you all a Happy Thanksgiving. Now on to activities: We are having our 3rd annual Craft Show on Saturday, November 3rd from 9 to 3pm. Please stop down to the Club Room and shop. There are many sellers this year and a good time to start your holiday shopping. The monthly Casino Trip is on Thursday the 8th. Information sheets are posted around the building and sign-up sheets are in both lobbies. The Saturday Morning Brunch is on the 10th at 11:30am in the Club Room. See signs for details. The Birthday/Anniversary Potluck is on Monday the 26th. Again see signs for details. I'd like to thank Rita Steiner, Mary Sandlin, Mary Ellen Dow, Jan Bork, Marlene Morrisette, and Myrna Shuer for helping me decorate the Club Room for Halloween. Great job ladies! That's it for this month. Take care.

Love *Kevin + Kathy E.*

FUNNY BONE

Three retirees, each with a hearing loss, were playing golf one fine March day. One remarked to the other, "Windy, isn't it?" "No," the second man replied, "it's Thursday." And the third man chimed in, "So am I. Let's have a beer."

THIS MONTH'S BIRTHDAYS

<u>NOVEMBER</u>	<u>BLDG</u>	<u>APT</u>	<u>DATE</u>
<u>NAME</u>			
Bruskiewitz	55	#332	16
Carol Schaenzer	55	#316	9
Dick Robinson	55	#322	13
Ann Wagner	45	#201	13
Betty Harrington	45	#111	14
Ken Casterlin	55	#127	19
Richard Muckle	55	#128	19
Shirley Dodds	55	#219	21
Juanita Leonard	45	#310	26