

# Country Club Manor

## August 2006 Newsletter

*Edited by Lee Bakewell & Lisa Spott*

### You Can Choose Your Own Neighbors!



CCM owner, Mary Bakewell, heard so much about YCCYON that she cut herself in on the action! Her mother and dad, Ed and Dee Stewart (#235) were happily living with Mary's sister, "Teri," in a house here in wonderful West St. Paul. But they weren't ready to move. So Mary invited them to join Coffee and Rolls one Saturday morning. You possibly remember them coming to Coffee and Rolls as early as last summer. They got to meet many of you there and saw how nice ALL of our residents are! They thought to themselves, "If we ever need to move, we would really like to move into Country Club Manor!" Sure enough, as it turned out, Teri got married and wanted to sell the house to move in with her new husband. No problem! Now they had their excuse to move and move they did. Two weeks ago, in fact.

Don and Carol were supposed to be on the cover this month (for finding yet ANOTHER new neighbor) but Mary pulled rank. She said, "Dang it. I found this neighbor first and I want my \$200 just like everyone else has been getting! Put ME on the cover. What's an editor to do in a case like that? You can see the result in the smiles above. So Don and Carol, you will have to

wait until next month!

**Choosing your own neighbors is easy!** Just give the Country Club Manor office the name and number of someone you think might be looking for a nice apartment. That's all there is to it. Or you can give the office number (451-2633) to your friend. In the latter case, please make sure they mention your name early in their conversation with the office. When your friend joins our little community, you will receive two \$100 certificates of appreciation to use towards your rent.

## YCCYON Hall of Fame:

| M/Yr  | Referring Resident     | Unit # | New Neighbor Referred             | Unit # |
|-------|------------------------|--------|-----------------------------------|--------|
| 5/04  | Don and Carol Standley | 220    | >> Jim and Kathy Mehle            | 316    |
| 5/04  | Alice Stewart          | 234    | >> Terry Skrukud                  | 132    |
| 7/04  | Fred & Diane Arndt     | 209    | >> Shirley and Vernon Samuelson   | 327    |
| 7/04  | June Dahl              | 228    | >> Jennifer and Adrian Washington | 208    |
| 12/04 | Kathy Erickson         | 107    | >> Kevin and Renee Ericson        | 301    |
| 5/05  | Rita Lloyd             | 202    | >> Sharon Garcia                  | 223    |
| 6/05  | Don and Carol Standley | 220    | >> Ken and Brenda Urquhart        | 322    |
| 6/05  | Tina Sanchez           | 303    | >> Tony and Lola Ruiz             | 234    |
| 8/05  | Don and Carol Standley | 220    | >> Lowell and Corrine Huber       | 207    |
| 8/05  | Ester Ruiz             | 103    | >> Amelia Grein                   | 105    |
| 9/05  | Dee Weimar             | 102    | >> Dan LeMire                     | 116    |
| 9/05  | Pat and Nick Ramirez   | 226    | >> Jim and Darlene Rief           | 126    |
| 4/06  | Craig & Judy Dahlstrom | 128    | >> Jack & Sharon Renalls          | 207    |
| 5/06  | Ken Urquart            | 322    | >> Roxana Urquart                 | 301    |

Our hat's off to the many of you who have already helped us out. (See *YCCYON Hall of Fame!*) and please feel free to send a few more of your friends our way! You'll help them find a great place to live while helping CCM attract "pre-qualified" residents.

## CCM AUGUST BIRTHDAYS



**Debby Bright, our Resident Manager**

|      |              |      |                   |
|------|--------------|------|-------------------|
| 8/7  | Kermit Otto  | 8/23 | Roxana Urquhart   |
| 8/16 | Kathy Damico | 8/27 | Madge Pedersen    |
| 8/18 | Bob Zontelli | 8/29 | Bob Dwyer         |
| 8/19 | Ed VanCleave | 8/30 | Shirley Samuelson |
| 8/22 | Diane Arndt  |      |                   |
| 8/23 | Lois Sobon   |      |                   |

## DEBBY'S COLUMN



**Debby Bright, our Resident  
Manager**

Hello Everyone,

Hot!! Hot!! Hot!! That's what it is lately. If you don't need to go outside - DON'T! Other than the heat, things are going well.

In August we will be getting all the halls shampooed, please watch for the announcement. We appreciate your cooperation.

Dennis and I had a great time in Spooner and we caught a lot of fish. Dennis caught a 5lb bass and a walleye so that made his weekend. We almost always just catch and release but we did save enough sunfish for one meal. Once it cools down a little we will be going back to Amery to our lake. We have no AC there so it's way to hot right now.

We do have a couple 2 bedrooms that have come available if you want to choose your own neighbor. We have one for September and one for October.

I just want to say Thank you to Mary and Lee once again for another GREAT picnic and for all they do to improve CCM.

As always, if you need to talk or just want to say hi, stop by the office. Remember, I have the AC on so I have been keeping the door closed.

Thanks to all of you for being the Best!

**Debby**

## INTERIM HEALTH CARE

Interim HealthCare is available when you need us for your homecare needs. Call (651) 917-3634, ext. 317 for more information about our services.

## REGULARLY SCHEDULED ACTIVITIES

### ➤ **POKER CLUB MONDAYS:**

Every Monday at 1:00 PM in the club room. Please call Leslie Brodd at 222-7906 for further information.

### ➤ **POTLUCK:**

Don't forget potluck on Monday evening August 28 at 5:30 PM in the club room. Kathy and Kevin are (again) your gracious hosts. Please encourage your friends and neighbors at Country Club Manor to join us. This is another great way to meet other residents and taste some great food at the same time.

### ➤ **SATURDAY MORNING COFFEE AND ROLLS:**

Every Saturday morning we have coffee and donuts in the club room from 9-11:00 am. Kevin Ericson usually caters this delightful event with occasional help from Don and Carol Standley. This is a great way to get to know your neighbors. You do not need to commit every Saturday. If you can make it this Saturday, but have to miss the next two, that's no problem. Please stop by when you get a chance and join in the fun.

### ➤ **GAME NIGHT-WEDNESDAYS**

Game Night is becoming quite popular. You can bring a game, deck of cards, snack to pass, or just come and join the fun. Coffee will be served and a pop machine is available in the pool room. If you want something else to drink, feel free to bring it with you. Game night will be every Wednesday at 6:30 pm. Some games will be provided. Hope to see many of you there.

### ➤ **BRIDGE CLUB TUESDAYS:**



Bridge Night--Photo taken Tuesday, June 6, '06

has a big smile because her husband Don (way

Every Tuesday at 7:00 PM to 9:30 PM in the club room - sign up in the lobby of either building. Call Gerry Brack at 455-8531 for further information.

### ➤ **BINGO THURSDAYS**



Every Thursday is BINGO NIGHT from 7—9 p.m. You get 3 cards for a quarter. You know it's got to be fun when it takes Berniece (#313 on the far left) away from the jig saw puzzles. Carol (#220 with black sweater on chair back) in the back) had called two bingo's

for her already that night!

## CCM AEROBICS—SATURDAYS & MONDAYS

Our twice-weekly aerobics is a good way to exercise without putting the stress on bones and joints that walking and other exercise can do. Everyone agrees our leader, Jared Fuller, is the greatest instructor ever! Best of all, it's all **totally FREE!**

Please join us for CCM Aerobics held every Saturday morning at 10:00 AM and Monday evenings at 7:00 PM. The only cost is that if you DON'T attend, your good health will suffer! So please come on down and visit your neighbor while losing a pound or two! Everyone is welcome.

## MONTHLY ACTIVITIES

### ➤ NURSE, SERVICE COORDINATOR, AND EDUCATION

1<sup>st</sup> Week of the month on Thursday at 3:00 pm (hence this Thursday) is Ask-a-Nurse Blood Pressure Clinic sponsored by **INTERIM Health Care**.

2<sup>nd</sup> Week of the month **DARTS** Service Coordinator on site. If you have any questions or concerns, please feel free to give Kathy a call at 455-1560.

### ➤ CCM GOLF DAY AT SVC



**On Monday June 26<sup>th</sup>**, the CCM “golf team” convened at SVC (Southview Country Club) for a magic round of golf on a perfect day. Additional photos can be found in the lobbies of both buildings.

The only disruption was when thunder sounded like it was getting pretty close, golf course employees came around and chased everyone back to the clubhouse for 30-40 minutes (pictured above, looking like we were all playing bumper cars). I guess they heard how golfers like to run under a tree for “protection” in a thunderstorm!

As a resident of Country Club Manor, you are eligible to play golf at beautiful Southview Country Club at least once each year without incurring the huge expense of actually joining. Don't play golf you say? Then, if there is room, you may be able to get a couple of close friends or relatives “in” on the fun. Neither the Cosgroves (#104) nor Dee Weimar (#102) play golf anymore but they each filled a foursome with their offspring and friends. Space is limited so when you see the notice go up, be sure and sign up right away!

### ➤ STAR PARTY!



had moved off the surface. It  
By the end of the evening,  
last photo proves!

On the evening of June 15, we had another Star Party in our “back yard,” next to Southview Country Club’s #6 ladies’ tee. (We do this with permission from Southview’s General Manager, Mark McCahey.) Many of us got to see one of Jupiter’s moons cast a little dot of a shadow on the big gas giant. By the time we had finished, the shadow was a perfect evening for it.



everyone could find Jupiter, as the

## AUGUST BRAIN TEASER

With thieves I consort,  
With the vilest, in short,  
I’m quite at my ease in depravity;  
Yet all divines use me,  
And savants can’t lose me,  
For I am the center of gravity.

Who or what am I?

## CASINO TRIP



On Thursday, June 15, another bus took Country Club Manor's finest investors up to St. Croix Casino in Turtle Lake, WI. All had a good time.

## SURVEY RESULTS

**Thank you for participating in our survey, all 76 of you!** In order to analyze the results numerically, we assigned the number 5 to "Strongly Agree," 4 to "Agree Somewhat" down to 1 for "Strongly Disagree." Here are a few statistics: When sorted from top down, George, Roberta, the cleanliness of the pool, club room, and laundry rooms were the "top six vote getters!" Again, congratulations George and Roberta for a job well done! Our maintenance people and Debby are all well liked, each scoring in the high 4's. Of the 76 who responded, 12 "strongly disagreed" with gravitating toward a non-smoking building. So I guess one could surmise we have 12 smokers out of the 76 or 15% (vs. 22% on a national basis). By contrast, there were 17 who strongly disagreed out of 70 three years ago, or 24%. Of course we haven't denied new applications because of smoking during this time so maybe, if it isn't just coincidence, it's YOU choosing YOUR own neighbors that's doing it? By the way, most of us in management would like to lose weight by eating less and can't ever seem to do it so we would be the last to criticize smokers for not simply quitting! We certainly don't mean to imply we are "holier than thou!" But the stats are interesting nonetheless. People wanting to see some form of assisted living come to CCM averaged 3.97 or, in words, "agreed somewhat." This is the same number as in 2003 (4.03) but this time, twice as many people answered the question. And of course, we have offered quite a few more programs with DARTS and Interim Health Care than we did three years ago.

### ➤ HERE ARE MOST OF THE WRITTEN COMMENTS, GOOD AND BAD:

#### In General:

1. *Everyone I have met since living here has been very nice and friendly. I think all the programs are great.*
2. *Could we have some elementary help on the computer? [Participation was pretty poor at our computer clinics last summer so just call Lee and he will be happy to meet with you one on one.]*
3. *Don't like kids running around the building. Quit buying stuff and lower rent.*
4. *Fabulous layout - love it!*
5. *Have you considered hand rails in the hallways? [Three people suggested this. If you are opposed to the idea, please let Debby know.]*
6. *How about a pool table to give another reason to visit Club Room? You can put plywood over it for parties.*
7. *I am very well satisfied.*

8. *I do love it here!*
9. *I have a sense of complete trust in all the employees. I enjoy the respect of one's privacy in the apartment, and yet so many fine people around to interact with.*
10. *I have only been here a couple of months, but I am very happy to be living in such a beautiful building and also to be living with such nice people.*
11. *I like living here and appreciate the staff and the work they do while on duty.*
12. *I like the cameras and security in the driveway and in the entire bldg.*
13. *I like the water aerobics.*
14. *I love the pool.*
15. *I really appreciate the grab bars in the shower at the pool.*
16. *I really love my beautiful apartment.*
17. *I think all social programs should continue as well as coffee & roll day although I have not made it there yet.*
18. *I think all the people who work here are very good workers. They have good and bad days like everybody else. Nobody's perfect.*
19. *I think the office should be open more. Door always closed - or seems that way.*
20. *I think your smoking policies are good the way it is. Benefits both smokers and nonsmokers. Since the only place you can smoke is in your own apartment, it doesn't hurt nonsmokers. I truly love everyone and everything connected to the building and management. You have made me feel at home and happy.*
21. *I wish my balcony roof did not leak.*
22. *I would like to see rails along all the halls.*
23. *If we could not smoke in our apartment or deck, we would move.*
24. *I'm so happy I moved here. Everyone is so nice. My family loves this place a lot. Thank you for everything you have here for us to do. The party room is great.*
25. *It seems that the costs of dryers could be reduced and time they run reduced, at least one.*
26. *It would be nice to have somebody do hair (beautician).*
27. *Need new treadmill; both are on life support.*
28. *No complaints, I love it here!*
29. *Other brick buildings can have outside grill on balcony - why can't we? [We protested to the Fire Chief but were told it is against fire code here in West St. Paul. The theory is with a barbecue, there would also be flammable items nearby such as a bag of charcoal, draperies, etc. and they could get a fire going even though the structure itself is fireproof.]*
30. *Please remind tenants to close garage doors with the opener or at least wait until door closes. [Yes, it's a good idea to watch closely until the door has shut and report anyone entering at that time.]*
31. *Second hand smoke is lethal.*
32. *The cost of laundry is horrible - much too high for average senior.*
33. *The plot where a tree was removed two years ago in back of 1955 near swimming pool is still dirt & weeds. Any plans for grass or planter? [We'll see what we can do.]*
34. *The pot holes are in need of repair. [Done. We plan to seal coat later.]*
35. *We are satisfied with our deck the way it is. Mike cleans it every day. When it rains he mops up the whole deck. Says it's easier to keep it clean. We like living here, it's great.*
36. *When front steps are shoveled in winter, snow should be brushed from hand rails also.*

37. *When people smoke on their balcony, it still comes around the partition. I can't sit out there.*
38. *Why not movie night? [We now have a DVD player and nice TV. Do we have a volunteer for organizing it?]*
39. *I like the facilities and they are well kept.*
40. *Re: Caretakers, I don't know Susan. I have seen Don and Carol checking the garage at night which is great.*
41. *Maintenance clean up, Down to the last inch of any furniture moved and last shaving of repair work.*

**Re: Debby:**

1. *I enjoy her individual interest in each resident, and her fine ability in decorating.*
2. *You hit the jackpot when you hired Debby. Debby is one of the best managers you have had here. You should be very happy to have her.*
3. *Debby is one of the best we've had in a long time.*
4. *Deb should think first before she talks or yells at people, she needs compassion with the senior residents.*
5. *Debby is an outstanding manager.*
6. *I think Debby does a great job.*
7. *Debby is wonderful. Best manager since I've been here.*
8. *Her attractive appearance and friendliness toward everyone make this workaholic a great asset.*
9. *Needs to know her place as caretaker, not boss, we have Lisa when we need her.*
10. *She is very kind.*
11. *Debby is one of the best we've had in a long time.*
12. *She is wonderful and works very hard. She goes that extra mile. I think she is taken advantage of during her off hours. I think you should be grateful having Deb as an employee. Debbie deserves a raise. [Already done, twice.]*

**Re: George & Roberta:**

1. *George & Roberta are two of the nicest people living here, great workers.*
2. *I really appreciate our nice clean building.*
3. *Such personable people.*
4. *George & Roberta do an excellent job!*
5. *The elevator is often overlooked because residents are careless. George cannot keep up with sloppy people. He does an excellent job.*
6. *They are outstanding.*
7. *It is always nice and clean and I appreciate it a lot.*
8. *Not only they do great work, they are very friendly.*
9. *Roberta and George do a wonderful job.*
10. *Love him, love her!*
11. *George, He is great!*
12. *When I have called on George when he is on duty it's like he does not like when I have a problem.*
13. *George isn't a bad horseshoe pitcher either!*
14. *Wonderful. So is she!*
15. *Wonderful*

**Re: L & M:**

1. *All staff have been very nice.*
2. *In the year I have been here they have been great to me and always a “Hello, how are you?”*
3. *Lee, Lisa & Mary, being a resident for a short time, I don't think I know you, but you must be A-1 because this place is lovely and managed well.*

**Re: Lee & Mary:**

1. *Mike and I think Mary and Lee are doing a great job on all the work that's taking place, great couple.*
2. *Mary is a whirlwind but she could use some diplomacy.*

**Re: Lisa:**

1. *Lisa is one nice lady, does her job very well.*
2. *Debby and Lisa have been very nice and helpful to me.*

**REMINDERS:****➤ MAINTENANCE:**

Any maintenance emergency can be reported after hours by calling our digital pager at 612-640-1948. (Just punch in your phone number after the beep.) If you have any maintenance needs, please fill out a maintenance request slip. Maintenance requests can be found outside the office door. If you live in the 1955 building, you can pick up maintenance request slips in the lobby and drop off the filled-out forms in the slot in the door located on the garage level by the elevator.

**➤ VEHICLE INFORMATION:**

Last year we asked all of you to update your vehicle information on a memo and turn it into the CCM office. Thank you for your cooperation. Since that time, we have noticed many new vehicles that have not been reported to the office. It is important we have current vehicle information on everyone. If your vehicle has changed in the last year, please write down the new information and drop it off to Debby. Thank you.

**➤ PHONE NUMBERS:**

Debby would like to get her phone list up to date. Many of the resident phone numbers have been changed since they moved in. Please let Debby know if you have had any change to your phone number. Thank you.

**➤ GOLF COURSE**

Please help us maintain our excellent relationship with Southview Country Club by not allowing residents or their guests to play or practice on the course itself, regardless of the time of day! By maintaining our relationship with SVC, we benefit by our annual Country Club Manor Golf Outing like the one we had last August and the one we had just last Monday, June 26. An alternative way to get a round of golf in, would be to purchase a

golf membership which, for a single person, would cost \$7,000 for the initiation fee plus approximately \$3,600/year in dues. So if you see anyone sneaking out onto the course, please report it to Debby so she can take the appropriate action.

➤ **NOISE:**

As a courtesy to your fellow residents, please try to keep TV and stereo noise down to a reasonable volume, especially in the evening. Thanks for your cooperation.

**ANSWER TO BRAIN TEASER**

The letter V.

**ON-CALL AUGUST, 2006**

Note: We always try to answer the office phone (451-2633) even after hours, rather than let it go to a machine. So please respect our off hours and call only for items of an EMERGENCY nature. If you call and get no response, you can also dial our emergency beeper at 612-640-1948. Of course, for any kind of police or medical emergency, DIAL 911!