

Country Club Manor

June 2008 Newsletter Edited by Lee & Mary Bakewell

SAY "HELLO" TO OUR NEW NEIGHBOR!



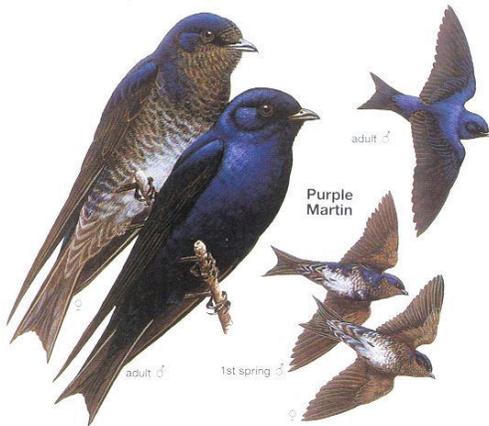
Linda Johnson (#324)

Hi. My name is Linda Johnson. I was born and raised here on the West Side of Saint Paul. I am a widow of a wonderful man who died in 1998 from the war of Viet-Nam. I have two wonderful children who are in their early twenties and a beautiful granddaughter who will be four this May. I have worked in schools for 10 years as a Custodian-Lunch Lady. I had a very busy hobby farm in Wisconsin from 1993 until my husband passed away. We had cows, chickens, dogs and cats. Now I'm ready to calm down at Country Club Manor. I am still working at an Academy School, looking forward to meeting all of you. God Bless.... Linda

CCM ADDS 12 UNITS FOR PURPLE MARTINS



George by New Addition to CCM 1



CCM, in cooperation with Southiew Country Club, installed a new “apartment building” with the hope of attracting a colony of purple martins. Martins are delightful birds, about 50% larger than any other MN swallow. Their best attribute is that they eat about half their weight in flying insects each day. The trouble is, they are forced to compete with other birds for nesting space. If we are ever going to get them, we will need to keep a watch for the “bad birds,” mainly sparrows and starlings. If they get their nests built first, they will keep martins from building theirs.



Male and Female House Sparrows



Starling



Tree Swallow

You can help us increase our chances of getting martins to nest by checking the house from time to time and if you see any of the “bad birds” (pictured on this page) entering a unit, let George know. (Tree swallows are “good” birds too and eat lots of insects but they are easy to attract in other ways and nonetheless deprive martins of housing.) If you get close enough, you will see the apartments are numbered. That’s so you could tell us which “unit” the bird is going into. Knowing that, we can set a trap and then transport the trespassers to. . . Minneapolis! We would also like to know if any martins are nesting there. If you see a martin going in and out of a unit, it probably is living there! A “nest check” on May 28 showed partial nests in many of the units but a completed nest in 403/404, which is on the 4th floor facing the tee to the south. (Some of the units are combined into one with the right side entrance hole plugged and a hole in the interior wall between the two.) So if you’re out for a walk on a nice day, we urge you to walk by the house and let us know what you see.

A MESSAGE FROM MARY

Happy Father’s Day (June 15) to all our Fathers here at CCM. I trust you will all have a very beautiful day enjoying as many of your children as are available. Let’s hope the weather co operates and we begin to have some warm weather also.

I am happy so many signed up for the Treasure Island Cruise. Have a great time, enjoy the ride down the river and Good Luck at Treasure Island.

FLASH!

Although there are no 2+den, 3BR, or suites available, we will have a 1BR and a 2BR coming up in the next couple months. We would rather rent to YOUR friend or relative. So **for June and July only**, you will receive **\$400 CASH** to do what with you please, as a token of our appreciation, as a referral. To repeat, that's four one hundred dollar bills! And all you have to do is mention CCM to someone who later signs a lease.

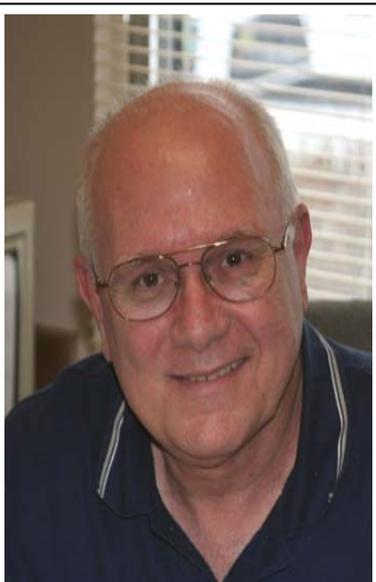
Remember, keep the date of Wednesday July 2, open for our annual summer BBQ. Again, I will be supplying the hamburgers, brats, turkey burgers, beverages and buns for the event. All you will have to remember is a side dish or a bag of chips to add to the picnic. Hope to see all of you there on Wednesday. Remember we start about 5:30 and go until we drop. Food will be served until just after 7:00 or until the food is gone. If the sky is clear maybe Lee will bring his telescope and we can look at the stars just after the beer and wine are gone.

In the mean time I hope to see you around the building when I am there.

Till next month God Bless and have a great one, *Mary*

Choosing Your Own Neighbors is Easy! Just give George the name and number of someone you think might be looking for a nice apartment. That's all there is to it. Or you can give the office number (451-2633) to your friend. When your friend joins our little community, you will receive two \$100 certificates of appreciation to use towards your rent.

A NOTE FROM GEORGE



I hope everyone had a nice long Memorial weekend. I guess this is the start of our summer in Minnesota. Now we can plant and not worry about frost? Maybe. Officially, summer is around the 21st of June, which is also the longest day of the year, for daylight. In May we had Sunshine Travel and Darts here giving presentations. We had nice turnouts for both events. Seventeen of us will be embarking on the Treasure Island Cruise on the 4th of June. Hopefully we will have nice weather. We can pass on to the other residents, when we return, how we liked or disliked it.

We have 5 signed up for the August 6th trip. Lee is building new carts for the residents to use for groceries. If you use one give us some feedback on the cart. We would like to return the carts from Target and Rainbow. Early part of June, Minnesota Exteriors will be doing a major repair in the 1955 building and the building for the Club Room and Pool. They will be removing the black mansard roofing on the side of the buildings and doing new brown mansard roofing. The project is to last about 4-5 weeks, but again, depending on the weather. There will be man lifts and other equipment around the buildings. So please use precaution when outside. Some of you have seen the signup sheet on getting your windows cleaned. This gentleman, with his wife, do this for a living. He has given us very reasonable prices. I hope everyone has seen the sign up sheet. If you can't be home, maybe

make arrangements with a neighbor or someone to be in your place with them. You pay them, not L&M Management. Someone (or more than one) is leaving the gate unlocked up on the west end of the 1955 building up by the park. When going through gate or coming back, always lock it both ways. Remember now, we have our summer picnic on Wednesday, July 2nd from 5:30 until whenever. Bring a dish to pass if you like, but all the hamburgers, turkey burgers, hot dogs will be furnished by Lee and Mary. Also beverages will be furnished. Hope to see you all there. We have another new resident, Linda Johnson is her name in 324. Please welcome her if you see her in the building.

George

TREASURE ISLAND CRUISES

As many of you know, Country Club Manor will be sponsoring a Treasure Island Cruise on June 4th hosted by River Heights Yacht Charters. We have 17 people going and reservations are now closed. River Heights Yacht Charters is offering another trip on August 6th, so if you have a good time, or missed your chance to sign up, maybe we will host another trip. The cost is only \$31.90 per person and that includes the cruise and a lunch on board the mega yacht. The Yacht is handicap assessable, so if you need a wheel chair they can accommodate you. Both the June and August dates are Senior days and they treat you even better on those days.

They depart at 9am. The scenic cruise takes 4 hours. It holds 145 people. Once there, you can try your luck at gambling (or just people watch) for 4 hours after which, you will be bused backed to where you left your car.

If you prefer not to spend time at the casino, you are welcome to ride the boat back, but be prepared to take much longer than 4 hours to get back.

D.A.R.T.S.

- 2nd week of the month on Wednesday from 1:00 - 3:00 p.m. Kathy Pansegrau, our **service coordinator** will be on-site at the program above. If you do have a need, and that time is not convenient, just give George your number and he will have her call you any other time.
- If anyone is interested in a shopping trip, please let either George or Mary Ellen (#221) know. Darts has so much to offer for seniors. In fact, "It's more than a bus."

CCM'S MANY ACTIVITIES



- **POTLUCK/Birthday Party:**
June's potluck/birthday party will be held on **Monday**, June 30th in the Club Room starting at 5:30. Hope to see you there.
- Please see the attached pull-out calendar for all of our other activities.

POSTAL TRUCK

Every **Wednesday** from 11:05 AM until 11:15 AM a postal truck is in front of the 45 building to handle all your postal requests.

LIGHTNING FACTS AND FICTION

Lightning is far more dangerous than most people realize. It kills 50 to 75 people annually in the US and injures between 500 and 750.

Lightning also is a lot more common than most people realize. Every year in the US, between 25 and 30 million lightning strikes hit the ground. Around the world, approximately 2,000 thunderstorms (where there's thunder, there's lightning) are occurring at any given time, with as many as 100 lightning strikes every second. About two-thirds of all thunderstorms in the US occur in June, July and August.

At least 95% of lightning deaths occur outdoors. If you see lightning, get inside your home or a large building immediately.

You ask: Is it dangerous to talk on a phone during a thunderstorm?

Corded phones are extremely dangerous during a storm. Home phone lines are protected with surge devices, but these defenses can be overwhelmed should lightning hit a nearby power pole. Someone dies every few years while talking on a phone during a lightning strike.

Caution: Homes in isolated areas are more vulnerable because they don't share power poles with as many neighbors. In areas with multiple homes, the electricity is more likely to be "diluted" because it splits in different directions.

Portable (cordless) and cell phones are safe to use during a thunderstorm.

Should I unplug my computer and TV during a storm? No, not *during* a storm. Electronic devices should be unplugged before a storm arrives. A few years ago, a man in Phoenix unplugged a device at the precise moment when lightning struck. He was thrown across the room.

Every year, the insurance industry pays out about a third of a million dollars in claims for losses due to lightning. Many of these losses involve electronics that are blown out by power surges.

It's a good idea to protect electronic equipment, such as stereos, TV's, computers, and etc. with surge protectors. Good quality ones typically cost between \$50 and \$100. Like the surge protection built into houses, however, they don't offer 100% protection. Unplugging devices before a storm is the best approach.

Remember in case of a power outage, emergency lights are only designed to stay lit for one hour on battery. Find your flashlights within that time and keep them handy. In the storm we had over memorial day weekend we were without power for 12 hours, so please do not depend on the

emergency lights for more than one hour after the electric goes out. If you are on oxygen and need power, please go to a hospital that has emergency generators for when the power goes out.

JUNE BIRTHDAYS

6/2 Linda Johnson #324
6/5 Sharon Garcia #223
6/5 Mary Ellen Dow #221
6/5 Carol Standley #220
6/10 Marilyn Plorin #212

6/18 Terry Skrukud #132
6/21 Lucille Galler #108
6/21 Don Waldhauser #129
6/22 Marlene Morrisette #109
6/30 Ed Stewart #235

CCM ANNUAL GOLF OUTING



As a resident of Country Club Manor, you and/or guests are eligible to play golf at beautiful Southview Country Club at least once each year without incurring the huge expense of actually joining Southview! Don't play golf you say? Then allow your friends or relatives to come with you *or instead of you*. Green fees are \$53.25 and a cart, which is mandatory, costs \$18.64. As long as you sign up early enough, we will try to get you and/or all of your guests on the roster. Neither the Cosgroves (#104) nor Dee Weimar (#102) play golf anymore but they each filled a foursome, at past events, with their offspring and their friends. The notice is up now in the lobbies so please take advantage of this extra Country Club Manor perk! If we don't "use it," we may "lose it!"