

Country Club Manor

February 2009 Newsletter

Edited by Lee and Mary Bakewell

SAY "HELLO" TO YOUR NEW NEIGHBOR!



"My name is Patricia Cook (Patty). I just moved into Apartment 111 in the 1945 building and STILL trying to get organized. I have lived in West St. Paul for nearly 20 years, eighteen of those years in the same apartment. So, making this move was very hard but my children tell me change is good, especially "change for something better." I have worked at Minnesota Life Insurance in downtown St. Paul for the last 32 years. I hope to retire in the next couple of years. I have three grown, married children, two daughters and one son. My daughters live in Anoka and Centerville in Minnesota and my son lives down in Louisiana. I have 7 grandchildren ranging from ages 7 to 25. I have several hobbies. I love cross stitch and crochet. Reading murder mysteries and doing jig saw puzzles (I love the puzzle area here). I am sure I am going to enjoy living here. Everybody has been very friendly and it's so quiet. I love that it is so clean. I have never seen a cleaner laundry room. I am looking forward to meeting all my new neighbors. I have met several of you already. It will probably take me years to remember everybody's names but I'm going to start now!

FROM TERESE'S DESK



I hope everyone is thawing out from our January 'DEEP FREEZE'! Hopefully, with two months of winter gone, the remaining 2 months will be kind both in temperature and snow fall.

As we are all coming down off our 'HOLIDAY HIGH', January seems kind of boring in comparison. We sure missed Mary while she was off sunning in Mexico, but glad she had the time to re-coop from her chest cold. Let's hope the "FLU SEASON" passes by without affecting us all.

Our unit inspections of the smoke detectors and plumbing went well. Someone once said, "An ounce of prevention is worth a pound of cure" so we will be notifying those residents where we will be proactively replacing sink traps that are beginning to corrode. Be patient, as it may take a month or two to complete the job due to the number of units involved.

I will be sending out amended 'House Rules' to all residents. The memo will explain specific changes made to Item #9 - Garage storage. Please read this item carefully and familiarize yourselves with these changes. CCM will need to enforce the City of West Saint Paul's Fire Code to avoid any possible fine or penalty and to make everyone as safe as can be. Your complete cooperation is appreciated!

On a personal note, the wedding plans for my son are beginning to affect me. May is just around the corner and I wasn't expecting my emotions to be so "overwhelming!" I'm on the hunt for the perfect 'Mother of the Groom' dress. I have my eye on one (which my husband really likes!), but may spend some time looking around to be sure.

My daughter's wedding plans change on a daily basis and I feel as though I'm on the roller coaster ride of my life. One day it's a destination wedding in San Diego, the next day we're back here in Minnesota. My vote is for the Landmark Center in downtown St. Paul. We'll see how much clout I really have. Until next month.....

Terese

ATTENTION ALL RESIDENTS



WE NEED ADDITIONAL PARTICIPANTS FOR SATURDAY WATER AEROBICS at 10 AM
&

MONDAY YOGA CLASSES at 1 PM
(Classes are just 1 hour.)

COME GET FIT & STAY 'HEART HEALTHY'

NOTES FROM OUR "SOCIAL DIRECTORS"



VALENTINE'S DAY BRUNCH: We will be having a brunch to celebrate Valentine's Day on Saturday Feb. 14th at 11:30am in the Club Room. Coffee and juice will be served. Please bring a dish to share. We hope that you will be able to join us.

Super Bowl Party!! Club Room, Sunday February 1st. Kick off at 5:25pm. Join us for a fun time. Please bring a dish to share and what you would care to drink. Coffee will be served.

Pot Luck/Birthday Party this Month will be 2/23/09 @ 5:30pm

A MESSAGE FROM MARY



Happy Valentines Day to everyone! Be sure to attend the Valentine's Day brunch on Sat. February 14th Kevin and Kathy will again be your gracious hosts. Remember there will not be coffee and donuts that day. I will not be able to attend, because my 16 year old niece, who now lives with us, has a gymnastic conference that day and I will be helping out because Forest Lake is hosting the event.

It was really nice seeing so many of you at Potluck this past Monday night. The food was fantastic and again and the company was great. Thanks Mitzi for the lovely fruit centerpiece for the table, we all enjoyed looking at it and eating it.

I would like to thank everyone for your co-operation with the unit inspections. Everything went very well and we were able to get all but one floor done on Monday. I am very sorry for the misunderstanding about Tuesday and sorry to everyone on the first floor of the 55 building for the mix up in time. We did find a few pipes under sinks that are starting to corrode and we will be getting to them in the next month or two. We will give you a call the day before we would like to enter your apartment if we found any problems in your apartment.

The boulder wall is pretty much complete. Sorry about all the noise, dirt, and inconvenience. If you rent a garage stall, you probably have noticed water leaking in sometimes, especially in the spring or after a heavy rainfall. The former owners tried installing "Beaver Dam" and we regraded all around the 45 building but nothing has solved the problem so far. But we can see how "tacky" it is to walk through water after you have your car safely "inside." Plus, weather forecasters are predicting flooding this spring and we thought we better all bite the bullet and get it done right. So, once again, we must ask for your cooperation while we install drain tile along the walls where the water is coming in. We are starting now, so that hopefully we will have it completed by the spring thaw. We are going to be working in four parking stalls at a time and we will ask that you park outside during the day only while we work on your stall. You will be notified of the time in advance. It should only be for a day or two at the most, per car. I know it is winter but we have to get the work done before the thaw in the spring. We promise no one will have to leave there car out

overnight during the process. Thanks so very much for all your patience during our many projects to make Country Club Manor the best place to live in W. St. Paul.

Have a great month and God Bless you all! *Mary*

Spa Limitations:

Residents, please note the change we posted near the whirlpool. An inspector from the State told us on January 27, 2009 only 2 persons are allowed in the spa at one time.

COLBURNS DELIVERY UPDATE:

CCM is now an approved delivery site for Colburns Delivery. Any resident interested in their service can call or go on-line to place your orders. Kay Owens daughter has volunteered to help anyone needing assistance placing their orders. Delivery days are Wednesday mornings. Colburns will deliver to the lobby of each building. You need to be home on the day of delivery. See Terese in office for further details.

FOR THE FUNNY BONE

Three male Labradors, 1 chocolate, 1 yellow, and 1 black... Were sitting in a waiting room at the vet's when they struck up a conversation. The black Lab turned to the chocolate Lab and said, "So why are you here?"

The brown Lab replied, "I'm a pee'er. I pee on everything, the sofa, the curtains, the cat, the kids, whatever. But the final straw was last night when I pee'd in the middle of my owners' bed." The black Lab said, "So what is the vet going to do?" "I'm supposed to be castrated," the chocolate Lab said with a whimper in his voice.

"They've been told it'll calm me down."

The black Lab then turned to the yellow Lab and asked, "And why are you here?"

The yellow Lab said, "I'm a digger. I dig under fences, dig up flowers and newly planted trees, I dig just for the hell of it. When I'm inside, I dig up the carpets. But I went over the line last night when I dug a great big hole in my owner's leather couch." "So what are they going to do to you?" the black Lab inquired. "I'm supposed to be neutered too," the dejected yellow Lab said.

The yellow Lab then turned to the black Lab and asked, "So why are you here?"

"I'm a humper," the black Lab said. "I'll hump anything. I'll hump the cat, a pillow, a table leg, fence posts, a human's legs, whatever. I want to hump everything I see. But yesterday, my owner had just got out of the shower, and as she was bending down to dry her toes I just couldn't help myself. I hopped on her back and started humping away."

The yellow and chocolate Labs exchanged sad glances and said, "So, nuts off for you too, huh?"

The black Lab said, "No, I'm here to get my nails clipped."

"TWINKIES & ROOT BEER"

A little boy wanted to meet GOD. He knew it was a long trip to where GOD lived, so he packed his suitcase with Twinkies and a six-pack of Root Beer and he started his journey. When he had gone about three blocks, he met an elderly man. The man was sitting in the park just feeding some pigeons. The boy sat down next to him and opened his suitcase. He was about to take a drink from his root beer when he noticed that the man looked hungry, so he offered him a Twinkie. The man gratefully accepted it and smiled at the boy. His smile was so pleasant that the boy wanted to see it again, so he offered him a root beer. Again, the man smiled at him. The boy was delighted!

They sat there all afternoon eating and smiling, but they never said a word. As it grew dark, the boy realized how tired he was and he got up to leave, but before he had gone more than a few steps, he turned around, ran back to the man, and gave him a hug. The man gave him his biggest smile ever.

When the boy opened the door to his own house a short time later, his mother was surprised by the look of joy on his face. She asked him, "What did you do today that made you so happy?" He replied, "I had lunch with GOD". But before his mother could respond, he added, "You know what? GOD'S got the most beautiful smile I've ever seen!"

Meanwhile, the elderly man, also radiant with joy, returned to his home. His son was stunned by the look of peace on his face and he asked, "Dad, what did you do today that made you so happy?" He replied, "I ate Twinkies in the park with GOD." Before his son responded, the elderly man added, "You know, he's much younger than I expected!"

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around. People come into our lives for a reason, a season, or a lifetime. Embrace all equally!

Submitted by Terese: ~Author Unknown~

NEW YEARS EVE AT COUNTRY CLUB MANOR!



MONDAY'S POTLUCK



PAT WACKER UPDATE:

CCM would like to extend our best wishes during this transition period for Pat. I've spoken to several of her daughters over the past two weeks and inquired about her health. Surgery on her shoulder went very well, however, Pat will no longer be able to live independently here at CCM. The family has moved Pat to the Marion Center in St. Paul. She will be moving into an assisted living apartment very soon. I'm sure Pat is looking forward to having her own things to surround herself with and she will miss all her friends here very much. Her daughters gave me Pat's new telephone number for those residents that would like to contact Pat to say 'HELLO' - 651-340-2778

.FEBRUARY BIRTHDAYS

Dick Condon	#119	1
Mary Callander	#318	1
Wendy Lewis	#336	3
Amelia Hibdon	#136	8
Harley Woog	#133	12
June Dahl	#228	13
Janice Viner	#301	15
Lydia&Aldolfo Robledo	#103	26

Marcelline Aldrich	#118	16
Jeanette Anderson	#317	16
Barbara Pappas	#329	18
Laura Heinz	#226	21
Kay Owen	#227	24
Doris Thompson	#328	25

